

Can I Trust God With My Cares?

1 Peter 5:5-7

Kaluba Kapapula

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1. What happens when we don't cast our cares on Him?
2. What cares does he want us to cast on Him?
3. Why does He want us to cast these cares on Him?

Because

- He is in control of everything that concerns me.
- He has big shoulders; He can handle our burdens.

4. How do we cast these cares on Him?

- To “cast” literally means to “throw.”
- In humility;

1 Peter 5:5-6

- Part of humbling ourselves includes “casting all your cares upon Him.”

- Don't try to fix everything, but cast everything at the feet of the Lord.
 - We cast our cares on Him through prayer.
5. What is the outcome of casting all our cares on Him?

He Gives Us

- Peace
- Strength
- Wisdom
- Provision
- Joy
- Changed Perspective
- Healing