

# The Heart Runs On Hope

## Jeremiah 29:10-13

Pastor Chris Williams

Pastor Chris preaches from the CSB.

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### Biblical Premise

- We will look to the scriptures and begin our vision of healthy lives, and families by instilling the phrase, "I have hope in Jesus Christ that my life and family can be changed."

The gospel is not based in fantasy, it's based in history.

### This Event Is Called

- The Babylonian Exile.

### Old Covenant

- Israel if you follow Me, I will empower you, bless you and protect you.

The God of the universe is actively thinking about your situation, and He has some plans.

Today is about more than you, it's about your family and legacy.

Biblical hope is about the future, but it impacts you in the present.

### What Steals My Hope?

- We lose hope because of disappointment.

*Proverbs 13:13*

The heart runs on hope.

- We lose hope because of disobedience.

Take a good long hard look at what got you into the situation you are in.

*"Regret without repentance is worthless."*

Jesus wants to heal the pain in your family, but it starts with honest acknowledgement of our sin.

The Lords work in your family starts in the places where you acknowledge your own sin.

Hope is experienced as you seek after Jesus.

- It's a declaration of dependence.

### Two Questions That Demonstrate Hope

1. Do you want to be healed?

### Defining Terms

- "Healed": Carries the same idea as shalom, its made whole, body, soul, spirit.

2. Do you believe all things are possible with Jesus?

- Mountains in scripture are often symbolic of issues that have been there a long time.
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